



**Harvard Medical School**  
Department of Psychiatry  
**McLean Hospital**  
Institute of Coaching

## **Carol Kauffman, PhD ABPP PCC**

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Founder, Managing Director

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### **EDUCATION**

1984                      Ph.D. in Clinical Psychology, Boston University

### **RECENT ACADEMIC AND CLINICAL APPOINTMENTS**

2009 – present            *Founder, Director:* Institute of Coaching,  
McLean Hospital, Harvard Medical School

2007 - 2008                *Founding Director of the Coaching and Positive Psychology Initiative*  
Harvard Medical School, McLean Hospital

2008 - present             *Hon Vice-President* Society for Coaching Psychology

2005 – present             *Assistant Clinical Professor in Psychology* in the Department of  
Psychiatry at Harvard Medical School.

2006 - present             *Coordinator of Post Doctoral Professional Development,* Harvard  
Medical School, McLean Hospital.

2005 - present             *Examiner and Diplomate* of the American Board of Professional  
Psychologists

### **CONSULTATION AND EDITORIAL BOARDS**

2007 – present             *Co-Editor in Chief; Coaching: International Journal of Theory,*  
*Research and Practice* Routledge Press.

2008 – present             *Co-Chair* of the International Coaching Research Forum Annual  
Conference

2008 – present             *Editorial Board:* Coaching at Work, CIPD, UK.

2007 – present             *Conference Chair* for the Harvard Medical School and McLean  
Hospital CME course: Coaching: A New Horizon

2007 – present             *Chief Supervisor:* Meyler-Campbell Ltd, London, UK

2007 – present             Positive Psychology and Development Consultation

2007 – 2008                *Co-Chair* for the Global Convention on Coaching, Research

## RECENT PUBLICATIONS

Kauffman C, & Coutu D (2009) *HBR Special Report: The Realities of Executive Coaching*.

Coutu D, & Kauffman C (2009) What coaches can do for you? *Harvard Business Review*

Kauffman, C Bonniwell I & Silberman J (in press) Coaching from a foundation of positive psychology, in Bachkirova T & Cox E (Eds) *The Sage Handbook of Coaching*, London, Sage Press.

Kauffman, C, & Peterson, D (in press) *The Coaching Relationship: Guide to Optimal Growth* Hoboken, NJ: John Wiley

Kauffman, C (in press) Positive Psychology Coaching: Moving from Theory to Practice, Lead chapter in T Freire (Ed) *Understanding Positive Life: Research and Practice on Positive Psychology*, Lisboa, Climepsi Editores.

Kauffman, C & Bachkirova (2008) Many Ways of Knowing. Editorial, *An International Journal of theory, research & practice*. 1 (2) 107 – 113

Kauffman, C & Bachkirova (2008) An International Journal of Theory Research and Practice: Why does it matter? Editorial, *Coaching: An international journal of theory, research & practice*, 1 (1) 1 – 7

Kauffman, C & Linely, P A (2007) Pragmatic Perspective: Putting positive coaching psychology into action, *International Coaching Psychology Review*, 2 (1) p. 97 - 102

Linely P A & Kauffman C (2007) Guest Editors Editorial – Special Issue: Positive coaching psychology: Integrating the science of positive psychology with the practice of coaching psychology, *International Coaching Psychology Review*, 2(1) p. 5 – 8.

Kauffman C & Linely, P A.(2007) “Meeting of the Minds: Positive psychology and coaching psychology, *International Coaching Psychology Review*, 2 (1) p 90 – 96.

Kauffman, C (2007) “A Positive Psychology Primer,” Book Review, *International Coaching Psychology Review*, 2(1) p. 105 – 106.

Kauffman C & Silberman, J (2007) “Strengths Based Assessments” Chapter in: J Passmore (Eds) *Coaching Psychometrics*, Routledge Press, London, 2007

Kauffman C (2007) From Clinical to Coaching Psychology, Chapter in R Lambert: *How Coaching Works..*

Kauffman C (2007) Positive Psychology Coaching, from theory to practice, *Understanding Positive Life: Proceedings of the Third European Conference in Positive Psychology*. London, Routledge Press.

Kauffman, C. (2006). Positive psychology: The science at the heart of coaching. In D. R. Stober & A. M. Grant (Eds.), *Evidence based coaching handbook: Putting best practices to work for your clients* (pp. 219-253). Hoboken, NJ: John Wiley

Moore, M & Kauffman (2005) Relational Flow Published in: *Proceedings of Third ICF Coaching Research Symposium*

Kauffman, C & Scouler, A: (2004) Towards a Positive Psychology of Executive Coaching. Chapter in: Linley & Joseph (Eds) *Positive Psychology in Practice*. New York: Wiley Press, 2004.

Kauffman, C (2004) Demystifying Research for the Coaching Practitioner Paper published in the proceedings of the Second Annual Coaching Research Symposium.

### **RECENT PRESENTATIONS (2008)**

*Spinning Straw into Gold: Turning the research of positive psychology into artful coaching practice* Address to the annual meeting of the International Coaching Federation annual meeting, Toronto, Canada

*Integrating Positive Psychology into Assessment and Practice in Both Clinical and Coaching Settings*, Chair and presenter at the annual meeting of the American Psychological Association, Boston, Massachusetts.

*Positive Psychology and Coaching – Applying theory to practice* Paper presented at the annual meeting of the American Psychological Association, Boston, Massachusetts.

*Coaching top performers with strengths based approaches* One day workshop for European fleet of coaching, BCG, Munich, Germany

*How Coaching Works* Keynote for Harvard Medical School CME Conference, Coaching: A new Horizon; Theory, Emerging Research & Practice, Boston 2008.

*Putting Positive Psychology into Practice: Two-Day Masterclass for the Danish Psychological Association, Copenhagen University and the Copenhagen Coaching Consortium* (2008)

*Coaching for Confidence: One day workshop for UK business coaches, sponsored by Meyler-Campbell Ltd at the Royal Society for Medicine, London UK.*

*Values in Action: Inventory of Strengths* One day workshop for top officers of global consulting organization, Amsterdam

*Positive Psychology & Corporate Development* Invitation-only working conference of Harvard Business School